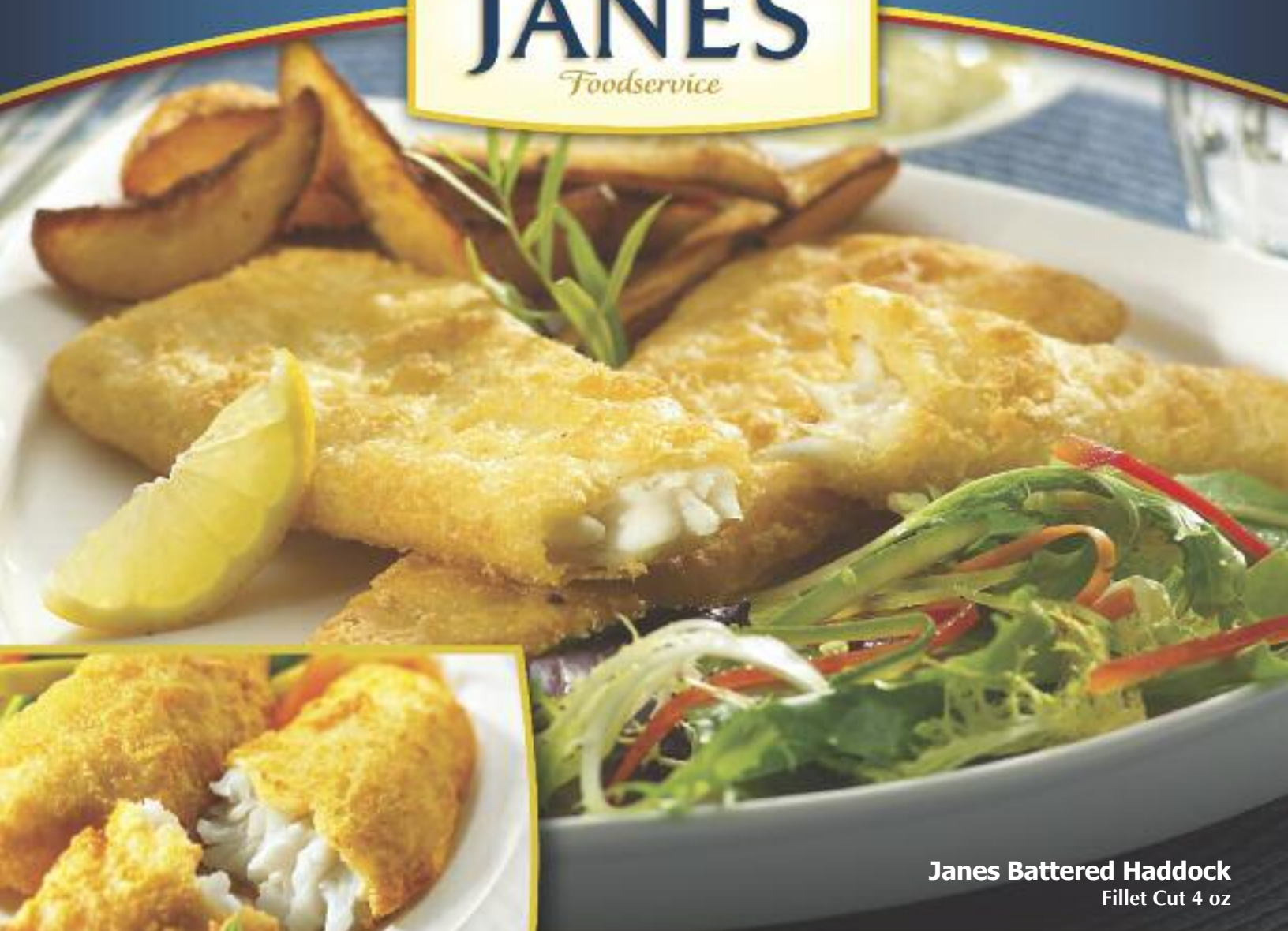


JANES

Foodservice



Janes Battered Haddock
Fillet Cut 4 oz



Janes Battered Haddock
Fillet Cut 3-5 oz or 2-4 oz



Janes Battered Haddock
Square Cut

Battered Haddock Fillets

Cut from tender, **white**
and **flaky** Haddock fillet blocks.

Quick cook time - from the freezer
to plate in 4 minutes.



#22044

Battered Haddock Fillet Cut 4 oz

Health Benefits

Low in saturated fat
Source of iron
Source of omega-3 polyunsaturates
Source of omega-6 polyunsaturates

Allergen Listing

Wheat, Soy, Milk

Deep Fry

Nutrition Facts

Serving Size 100 g
Approximately 1 piece

Calories	254.0
Fat	11.7 g
Sodium	460.0 mg
Protein	12.7 g

Case Pack Size

2 x 2 kg = 4 kg

Average Piece Count

35

Average Piece Weight

113 g / 4 oz



#22104
#22225

Battered Haddock Fillet Cut

#22104
3-5 oz

#22225
2-4 oz

Health Benefits

Low in saturated fat
Source of iron
Source of omega-3 polyunsaturates
Source of omega-6 polyunsaturates

Allergen Listing

Wheat, Soy, Milk

Deep Fry

Nutrition Facts

Serving Size 100 g
Approximately 1 piece

Calories	207.0
Fat	10.8 g
Sodium	400.0 mg
Protein	11.4 g

Case Pack Size

2 x 2 kg = 4 kg

Average Piece Count

22104 - 35 / 22225 - 48

Average Piece Weight

22104 - 85 - 142 g / 3 - 5 oz
22225 - 60 - 108 g / 2 - 4 oz



#22040

Battered Haddock Square Cut

Health Benefits

Low in saturated fat
Source of iron
Source of omega-3 polyunsaturates
Source of omega-6 polyunsaturates

Allergen Listing

Wheat, Soy, Milk

Deep Fry

Nutrition Facts

Serving Size 100 g
Approximately 1 piece

Calories	254.0
Fat	11.7 g
Sodium	460.0 mg
Protein	12.7 g

Case Pack Size

2 x 2 kg = 4 kg

Average Piece Count

35

Average Piece Weight

113 g / 4 oz

As a trusted national brand, Janes brings quality products to every table in your restaurant. Janes Foodservice products are convenient and always look and taste fantastic which means your patrons will return time and again for great taste you both can trust.

Visit our website where we offer menu ideas and preparation suggestions that can help you to offer Janes products in a way that will be unique and improve the brand experience you offer your customers.



Taste you Trust

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