

JANES

Foodservice



Plain Janes
Nuggets

#12891

Health Benefits

0 trans fat
Low in saturated fat
Source of iron
Source of omega-3 polyunsaturates

Nutrition Facts

Serving Size 100 g	
Approximately 4 pieces	
Calories	150
Fat	7 g
Sodium	400 mg
Protein	19 g

Allergen Listing

Soy

Case Pack Size

2 x 2 kg = 4 kg

Average Piece Count

190

Average Piece Weight

21 g

Plain Janes Nuggets

Fully Cooked, **Tender and Juicy**
Bites of breast meat

Oven or Grill to serve

Great **new menu** option for kids
meals, schools, or residents

1-800-56-JANES

www.janesfamilyfoods.com

Taste you Trust