



These premium haddock fillets are trimmed by hand and have a homemade, natural appearance.



Key Product Features

- Homemade appearance
- Consistent sizing
- Quick cooking time

Key Product Benefits

- Appetizing and appealing
- Excellent portion and cost control
- Fast service

Menu Suggestions

Ideal for "Haddock and Chips" fish specials, 1-piece lunch special, 2-piece dinner special, 3 pieces - Hungry Man special. Serve with french fries for gourmet fish & chips or with roasted potatoes and choice of vegetable for dinner special.

Cooking Instructions

Deep fry from frozen for 4 minutes at 360°F.

Nutritional Facts

Per 100 g	
Amount	
Calories	207.0
Fat	10.8 g
Saturated	0.9 g
+trans	0.4 g
Polyunsaturated	2.4 g
Omega-6	1.5 g
Omega-3	0.8 g
Monounsaturates	4.3
Cholesterol	29.0 mg
Sodium	400.0 mg
Carbohydrate	16.0 g
Dietary Fibre	0.9 g
Sugars	1.5 g
Protein	11.4 g
Vitamin A	0.0 RE
Vitamin C	0.0 mg
Calcium	13.0 mg
Iron	0.8 mg

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Ingredient Listing

Haddock fillets in a batter of: water, toasted wheat crumb, corn starch, corn flour, wheat flour, margarine, soya flour, sugar, salt, baking powder, spice, guar gum and flavour. Browned in pure vegetable oil (canola oil).

Allergen Listing

Wheat, soy, milk

Health Benefits

Low in saturated fat
 Source of iron

Specifications

SCC: 100 69299 22225 5
 Case Pack Size 2 x 2 kg = 4 kg
 Pc Weight 60-108 g / 2.1-3.8 oz
 Average Pc Count 48

Case (cm) (LxWxH) 37.3 x 27.8 x 11.1
 Case Cube (cm) 11,510
 Pallet Ti/Hi 10 / 9



build your menu with confidence