



Product #12492
 Janes Pub Style Chicken Breast Strips



Breaded and browned formed chicken strips. Made from all white meat.

Key Product Features

- Versatile
- Uniform sizing
- Packaged in poly bags

Key Product Benefits

- Oven bake or deep fry
- Excellent portion control
- Ensure freshness and reduce flavour transfers

Menu Suggestions

Ideal for Children's menus and recreational snackbars, school cafeterias and healthcare accounts. Serve with dipping sauce and fries. For a new twist, wrap strips garnished with salsa and salad in a large tortilla.

Cooking Instructions

Oven: Bake in a preheated 425°F oven approximately 15-20 minutes. Deep fry: Deep fry from frozen 2-1/2 minutes at 360° F.

Nutritional Facts

Per 100 g	Approx. 3 strips	
Amount		
Calories	189.0	
Fat	6.7	g
	Saturated	0.9 g
	+trans	0.0 g
Polyunsaturated		
	Omega-6	n/a g
	Omega-3	n/a g
Cholesterol	14.0	mg
Sodium	650.0	mg
Carbohydrate	20.6	g
	Dietary Fibre	0.9 g
	Sugars	3.7 g
Protein	11.6	g
Vitamin A	5.0	RE
Vitamin C	<0.5	mg
Calcium	27.1	mg
Iron	1.5	mg

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Ingredient Listing

Chicken breast (may contain traces of egg) water, whey powder, soy protein isolate, salt and seasoning in a breading of: water, wheat flour, toasted wheat crumbs, corn starch, modified corn starch, yellow corn flour, salt, sugar, soy protein isolate, spices, dextrose, onion powder, sodium aluminum phosphate, sodium bicarbonate, autolyzed yeast extract, flavour. Browned in pure vegetable oil (canola oil).

Allergen Listing

Soy, wheat, milk, egg

Health Benefits

Free of trans fat
 Low in saturated fat
 Source of iron

Specifications

SCC: 100 69299 12492 4
 Case Pack Size 2 x 2 kg = 4 kg
 Average Pc Weight 35 g / 1.2 oz
 Average Pc Count 115

Case (cm) (L x W x H) 37.3 x 27.8 x 11.1
 Case Cube (cm) 11,510
 Pallet Ti/Hi 10 / 9



build your menu with confidence