



Bite sized pieces of tender chicken breast, coated in a crisp, spicy breading.

Key Product Features

- Consistent sizing
- Zesty flavour
- Versatile

Key Product Benefits

- Excellent portion and costing control
- Great alternative to regular nuggets
- Oven baked or deep fried

Menu Suggestions

Serve as an entree for lunch or dinner with french fries and vegetable or salad. As an appetizer, arrange on small platter with dipping sauce. For a kid's menu item or portable hand-held snack, serve in bag or box with dipping sauce.

Cooking Instructions

Deep Fry at 360°F for 4-1/2-5 minutes. Oven: Bake in a 425°F preheated oven for 10-15 minutes. Turn and cook for an additional 5-10 minutes.

Nutritional Facts

Per 100 g		Amount
Calories	213.0	
Fat	8.3	g
	Saturated	0.8 g
	+trans	0.1 g
Polyunsaturated		
	Omega-6	n/a g
	Omega-3	n/a g
Cholesterol	31.5	mg
Sodium	738.0	mg
Carbohydrate	20.0	g
	Dietary Fibre	0.5 g
	Sugars	4.5 g
Protein	14.6	g
Vitamin A	41.0	RE
Vitamin C	<0.5	mg
Calcium	13.9	mg
Iron	1.0	mg

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Ingredient Listing

Chicken, toasted wheat crumb, water, wheat flour, modified corn starch, corn flour, salt, sodium diacetate, flavour bits (corn syrup, wheat flour, corn cereal, hydrogenated vegetable oil, (cottonseed and/or soybean), artificial flavour, colour), flavour, wheat gluten, garlic powder, onion powder, citric acid, spice, baking powder, guar gum, vegetable oil (mfg aid). May contain traces of soy.

Allergen Listing

Wheat, soy

Health Benefits

Free of trans fat
Low in saturated fat
Source of iron

Specifications

SCC: 100 69299 11422 2
Case Pack Size 2 x 1 kg = 2 kg
Average Pc Weight 22 g / 0.8 oz.
Average Pc Count 90

Case (cm) (LxWxH) 30.0 x 19.8 x 9.8
Case Cube (cm) 5,821
Pallet Ti/Hi 20/10



build your menu with confidence